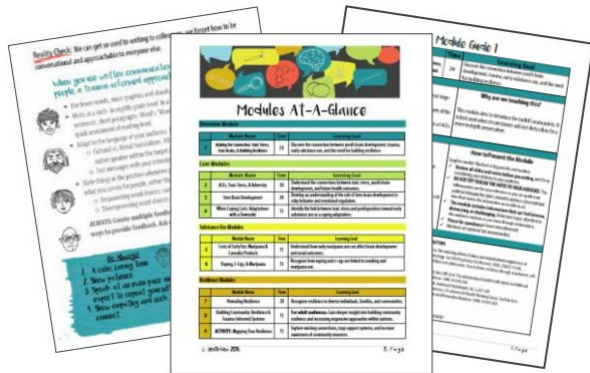


Making the Connection Toolkit

Skills for Professionals & Supportive Adults

Who is the toolkit for?

Safe and caring adults who work with youth in schools, prevention clubs, leadership programs, faith communities, community organizations and more.



This toolkit gives adults the tools to connect with youth on topics including:

- Toxic stress, ACEs, and trauma
- Teen brain development
- Coping, risk and protective factors
- Costs of early substance use
- Vaping, e-cigs, and cannabis
- Mapping your resilience
- What communities can do to help.

Access the Toolkit Today!

Visit www.bit.ly/connectiontoolkit

What you will learn:

- Proven, effective approaches to talking with youth about resilience and coping
- Understand trauma-informed approaches to substance use prevention
- Learn how trauma affects our communication with youth and their families
- Use activities to engage youth in meaningful conversations about coping and resilience

For access support or other inquiries contact Leanne Reid at leanne.reid@esd112.org or call 360.952.3457 for more information.

