

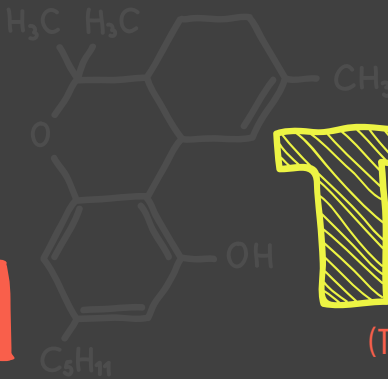
# CANNABIS 101



## the basics:

### CANNABIS or MARIJUANA

a preparation of the cannabis plant intended for use as a psychoactive drug or medicine.



### THC

(TETRAHYDROCANNABINOL)

the psychoactive chemical (active ingredient) that changes the brain and makes people feel physical effects.

## slang terms:

The way people talk about cannabis products changes depending on region, age, consumption and other factors.



# HOW is cannabis USED?



## Smoking



Marijuana is commonly smoked using pipes, water pipes called bongs, or hand-rolled cigarettes called joints. It is sometimes also combined with tobacco to make blunts.

## Vaping



Vaporizers heat marijuana to release its active THC and the vapor is inhaled. Vaping often refers to nicotine use, but vape pens are also commonly used to inhale THC.

## HASH OIL dabbing Wax



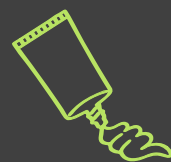
THC concentrates, like hash oil, wax, and shatter, can contain up to 60-80% THC and may take effect very quickly. High levels of THC can be dangerous. At this time, we don't know the safety of dabbing.

## EDIBLES



Candies, baked goods, teas, and sodas can contain more THC than a user is aware of. Edibles take longer to take effect, causing some users to consume too much. The stronger potency and longer-lasting effects of marijuana infused edibles makes them especially unsafe around young children.

## TOPICALS



Marijuana infused lotions, salves, and balms are sold for localized pain, inflammation, and skin conditions. Some do not contain THC and do not make the user feel high. Most infused products contain THC and effects can be felt for hours.

# WHY do people USE cannabis?

- To cope with stress, physical pain, or emotional suffering.
- To relax, celebrate, or have fun, much like alcohol.
- To address health issues as prescribed by a doctor.

# COSTS of underage USE

Laws vary from state to state.  
Most cannabis usage and possession is still a federal crime.



## COLLEGE

You can lose your Federal Financial Aid.



freedom



You can be arrested & convicted for possessing cannabis or sharing with friends.

# LOCK it UP!



Protect youth by storing all medications, alcohol, & cannabis products out of sight and restrict access to kids and teens.

## REMEMBER

- Families have a very large impact on whether or not a youth uses cannabis.
- There is no responsible or safe way for a youth to recreationally use cannabis.
- Anyone can be pro-prevention for youth without being anti-cannabis.

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