

# Find Your Good

Create posts for the **Find Your Good** social media campaign! The campaign's goal is to create positive messages that prevent underage alcohol use. The questions below are about "your good": something you're good at, something you like doing, and something that motivates you stay substance free.

Your Name (or name you would like to show on your post) \_\_\_\_\_ Age \_\_\_\_\_

1. What's "your good" that helps keeps you substance free?

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2. What pic, meme, gif, or other visual goes with your good? Write it out or draw it on the back.

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## Answer a few (or all) questions below

3. What is healthy about "your good"?

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4. Why do you choose not to use drugs and alcohol?

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5. Why is "your good" important to you?

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6. How does "your good" help connect you to others?

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7. How did you get good at this?

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8. Tell a story about "your good".

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